

 Do not have anything to eat or drink, including water for 8 hours prior to your surgery.
If you are on any medications, you can take them with a sip of water.

2. You must arrange for someone to drive you home after the surgery and DO NOT DRIVE for the remainder of the day. Your driver must stay in the office during surgery unless you have made arrangements with the doctor.

3. Any patient under 18 years of age must be accompanied by a parent or guardian at the time of surgery or have written consent from them at the time of procedure.

4.Eat a light, easily digestible meal the night before the operation. Do not drink alcoholic beverages the night before.

> 5. Wear clothing with short sleeves, and comfortable walking shoes.

6. Please remove nail polish before surgery.